



After-school clubs offer a variety of interesting opportunities for students to explore and expand extra-curricular interests. Our clubs typically meet for 7-8 weeks and are offered in three sessions - fall, winter and spring. Clubs are offered for 1 hour sessions one day per week. A snack is provided each week to all students. Following is the current schedule:

Mondays: April 15, 22, 29; May 6, 13, 20; June 3
Tuesdays: April 9, 16, 30; May 7, 14, 21, 28; June 4
Wednesdays: April 17, 24; May 1, 8, 15, 22, 29; June 5
Thursdays: April 11, 18, 25; May 2, 9, 16, 23, 30
Fridays: April 12, 19, 26; May 3, 10, 17, 24

At the end of the club session students not regularly enrolled in Kids After Hours (KAH) must be promptly picked-up. Students regularly enrolled in KAH will be escorted to the KAH facility at the end of the club session.

The maximum enrollment of each club is determined by the teacher based on the subject, time, and resources available.

[Click here to register online.](#)

Spring Clubs Timeline:

Monday, April 2 – Registration Opens
 Fri., April 6th – ONLINE Registration submissions due
 Week of Mon., April 9 – Clubs begin

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Nature Art (PK4 - K)	Young Explorers (K - 2nd)		Instrumental Music – con't. (4th-5th)	Excite Soccer (PK4 - 2nd)
Spanish Club (K-2nd)	Farm Club (3rd - 5th)		Storybook Cooking (K-2nd)	Simply Soccer (3rd - 5th)
Chess Wizards (1st - 5th)				
Debate Club (4th-5th)				

Nature Art

(PK4 – K students)

Meets: **Mondays: April 15, 22, 29; May 6, 13, 20; June 3**
Time: 3:15 – 4:30pm
Instructor: Lisa Hearing, PK3 teacher
Limit: 10 students
Fee: \$150 (\$135 for full-time KAH students)

Description:

When is a stick not a stick? When you turn it into a magic wand in this fun art class! Join us for art activities inspired by and created with nature. We will explore the SSFs campus and collect natural materials to use in our various projects. This club is about exploration, expression and fun! Limit: 12 students

Chess Wizards

Chess Wizards is also being offered this spring for SSFS LS students (grades 1st – 5th) on Mondays from 3:15 - 4:30pm.

[Click here for information regarding their program.](#) Please register directly through their website at www.chesswizards.com

Spanish Club

(K-2nd grade)

Meets: **Mondays: April 15, 22, 29; May 6, 13, 20; June 3**
Time: 3:15 – 4:30pm
Instructor: Maria Rhoe, Spanish teacher
Limit: 10 students
Fee: \$150 (\$135 for full-time KAH students)

Description:

Spanish club is a full immersion, fun program that is composed of a series of high energy games and interactive activities to help children acquire Spanish in a natural way. We will be spending time outdoors playing many fun, group activities, performing magic tricks, experimenting with gooey science and making delicious recipes while maintaining a full immersion. Limit: 10 students

Debate Club

For 4th and 5th Grade students

Meets: Mondays (8 sessions): April 15, 22, 29; May 6, 13, 20; June 3
Time: 3:15 – 4:30pm
Where: 5A classroom
Instructor: Pinki Shah
Fee: \$150 (\$135 for full-time KAH students)

Description: Do you enjoy persuading your family members and peers about a particular subject or thought you have? In debate club you will be given the opportunity to present your opinions and research in a structured, organized format. We will spend the first half of our time debating and researching current events. We will then go into learning about how a bill becomes a law; looking at current bills in Congress and debating them with one another. Limit: 16 students

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FARM CLUB

3rd – 5th grade students

Meets: **Tuesdays: April 9, 16, 30; May 7, 14, 21, 28; June 4**
Time: 3:15 – 4:30pm
Where: Community Farm (gather in LS lobby)
Limit: 10 students
Instructor: Joe Heathcock, SSFS Farmer
Fee: \$150 (\$135 for full-time KAH)

Description:

Each participant will be cultivating their own mini garden of fast growing spring crops in cold frames. We will learn how to germinate and care for seedlings, how to prepare the soil for transplanting, the effect of temperature on plant hardiness and proper tool use on the farm. Club members will irrigate, cultivate and mulch their gardens as they grow.

Topics include soil biology, organic farming, beneficial insect species and water use.

End of the year event will include fresh salad of arugula, herbs, lettuce, onions and radishes grown by the students and wood fired pizza.

No experience is required but participants should be prepared to be outside unless there is thunder and lightning. Please bring study shoes or boots that can get dirty, a rain jacket and a water bottle. Gloves and a water cooler will be provided.

Young Explorers

(K – 2nd grade students)



Meets: Tuesdays: April 9, 16, 30; May 7, 14, 21, 28; June 4
Time: 3:15 – 4:30pm
Where: Meet in the K classroom
Instructor: Mary Anne Peacock and Lisa Hearing
Fee: \$150 (\$135 for fulltime KAH)
Limit: 24 students

Description:

Let's go outdoors! The Young Explorers Club will be outside (weather permitting) each week as we use the SSFS grounds as our classroom. This year, there are more spots in this popular Spring club. We will begin each day in two small groups of K-2nd graders. The groups will join together for our outdoor adventures. We will take hikes, investigate the ponds and streams, learn about the animals that call SSFS their home, and discover how everyone can help take care of the Earth. In addition, we will read books relating to nature, learn new songs, and do some fun "natural" arts and crafts. Bring your boots and be ready to get outdoors!

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Storybook Cooking

For Kindergarten and 2nd Grade students

Meets: Thursdays (8 sessions)
April 11, 18, 25; May 2, 9, 16, 23, 30
Time 3:15 – 4:45pm
Where: K classroom
Instructor: Erin Scott
Fee: \$150 (\$135 for full-time KAH students)

Description: Make muffins with a moose, cook pasta with Strega Nona! In this club we will read classic children's literature and do related cooking projects. In each club session we will read a story (or two) where food is part of the narrative. We will then create a tasty treat related to the food in the story. At the end of club, a recipe book of what we made and list of stories will be provided for all of the children. Let's read! Let's cook! Limit: 12 students

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EXCITE SOCCER PROGRAMS SPRING SOCCER CLUB

(PK4 – 2nd grade students)



**No Equipment needed – Excite Soccer Provides Balls, Jerseys, Goals etc. Simply have your child wear comfortable clothing to run freely.*

Meets: Fridays – **April 12, 19, 26; May 3, 10, 17, 24**
Where: Gather in LS Lobby
Fee: \$135.00 for 7 weeks (includes end of season gift)
Times and Ages: 3:15 - 4:30pm
PK4 -2nd grade students

PROGRAM PHILOSOPHY

Children will be encouraged to develop their mental, physical, and social abilities through creative soccer games and other activities taught by highly experienced staff; all trained working with young children. Participants will learn individual skills, teamwork, and most importantly, have fun! Our emphasis is on mastering basic coordination and agility with and without a soccer ball, as well as on providing a confidence-building environment.

EXCITE SOCCER STAFF

Program director, Alan Pringle, has over thirteen years coaching experience in England and the USA. Alan spent five years as a pro player with Sheffield Wednesday in England until a series of knee injuries cut his promising pro career short and started him off in the coaching world. Alan went on to earn his Football Association coaching license from the English F.A. and work with the young academy players at Sheffield Wednesday. Alan relocated to the US in 2001 and is currently the director of Excite Soccer and of youth development for the Olney and Baltimore Bays Soccer Clubs. Alan and his professional coaching staff dedicate their time to developing young players. The Excite Soccer coaching staff consists of professional coaches, ex-pro players, college and high school coaches, and senior players, all specifically trained to work with young children. Excite Soccer provides a non-competitive, yet challenging environment where even the youngest players feel confident and succeed.

Simply Soccer

After School Soccer Program

(3rd – 5th grade students)

Meets: Fridays – **April 12, 19, 26; May 3, 10, 17, 24**
Where: LS Lobby
Fee: \$135.00 for 7 weeks (includes program T-shirt)
Times and Ages: 3:15 - 4:30 pm
3rd – 5th grade students

Jeff Rohrman

- Head Varsity Boys Coach - Sandy Spring Friends School
- Lower School PE Teacher - Sandy Spring Friends School
- Former Head Coach - University of Wisconsin
- Former Assistant Coach - University of Maryland
- USSF National A Licensed Coach
- Former ODP State and Regional Staff

Nancy Kramarz-Rohrman

- Head Coach - Bethesda Soccer Club Girls Program
- Former Women's National Team Player
- USSF National B Licensed Coach
- Former Olympic Development Program Coach
- Played in US Olympic Festival - Gold Medal
- Played in World University Games - Gold Medal



Simply Soccer, directed by Jeff Rohrman, will provide each child with an opportunity to learn more about the game of soccer through age appropriate, fun, and enjoyable games. The program is designed to enhance and develop each player's knowledge and understanding of the fundamentals of the game. Each player will receive a program T-shirt. Enrollment is limited to ensure quality instruction for each camper (limit 20). Registrations will be accepted in the order received.

