




















**MAKE THE CHOICE THAT'S RIGHT FOR YOU.**

 **LOCALLY SOURCED**

 **VEGETARIAN**

 **VEGAN**

<b>MEATLESS MONDAY</b>	CHEF'S TABLE	Cheese Pizza 
	VEGETARIAN	Bow Tie Pasta with Spinach & Tomato 
	SIDES	Roasted Broccoli  Cucumber Sticks with Ranch Dressing 
	DOWNTOWN DELI	Caprese Salad Wrap~ Heirloom Cherry Tomatoes, Fresh Mozzarella & Basil, with Pesto Sauce 
<b>TUESDAY</b>	CHEF'S TABLE	General Tso's Chicken
	VEGETARIAN	Tofu Stir-Fry
	SIDES	Jasmine Rice  Sesame Sautéed Green Beans 
	DOWNTOWN DELI	Italian Cold Cut On a Steak Roll Caribbean Jerk Egg Salad Wrap 
<b>WEDNESDAY</b>	CHEF'S TABLE	Hamburger or Hot Dog
	VEGETARIAN	Garden Burger 
	SIDES	Waffle Fries  Steamed Broccoli 
	DOWNTOWN DELI	Chicken Ceasar Salad Wrap Roasted Vegetable & Hummus Wrap 
<b>THURSDAY</b>	CHEF'S TABLE	Smokey BBQ Beef Brisket
	VEGETARIAN	Pulled Tofu With Cole Slaw 
	SIDES	Braised Kale  Rice Pilaf 
	DOWNTOWN DELI	Turkey & Cheddar on a Brioche Roll Greek Veggie Wrap with Feta Cheese 
<b>FRIDAY</b>	CHEF'S TABLE	Oven Roasted Chicken Thighs
	VEGETARIAN	Roasted Sweet Potato with Kale & Quinoa 
	SIDES	Mashed Potatoes  Seasoned Corn with Red Peppers & Scallions 
	DOWNTOWN DELI	Steak House Roast Beef~ Steak Mayo & Frizzled Onions on a Onion Roll Tofu, Avacado, Tomato, Lettuce with Sauteed Onions & Dijon on Multi-Grain Roll 