

August 4 -Day Trip Outline

Important Dates

Friday 8/23	5 p.m./Trip Orientation in Studio B with parents and students
Tuesday 8/27	7:30 a.m./Students arrive on campus 8:00 a.m./leave for canoeing or hiking (7:30-8:30 a.m./9 th grade parent breakfast)
Thursday 8/29	4:00 p.m./Groups arrive at Catoctin Quaker Camp
Friday 8/30	12:00 p.m./leave Catoctin 1:30 p.m./arrive back at SSFS

Sample of Hiking/Canoeing route

Each Group will either Canoe Day 1 and then Hike Day 2 and Day 3 , or Hike Day 1 and Day 2 and then Canoe Day 3

Tuesday: Canoe from Sorrel Ridge to Little Orleans

Wednesday: Hike 6 miles of Appalachian Trail (camp on Appalachian Trail)

Thursday: Hike 6 miles of Appalachian Trail and leave for Catoctin Quaker Camp

Sample of Activities at Catoctin Quaker Camp (4 new small groups rotate)

Thursday Evening: pizza dinner, Minute To Win It, Captains Calling, and fire circle

Friday: Breakfast, Rotating Activities, Lunch, & Clean-up