






































MAKE THE CHOICE THAT'S RIGHT FOR YOU.

 **LOCALLY SOURCED**

 **VEGETARIAN**

 **VEGAN**

MONDAY	WAKIN' UP	Steak, Potato , & Egg Hash with Biscuits
	LUNCH	Oven Fried Chicken, Sesame Garlic Tofu Soba Noodles, Mashed Potatoes, Seasoned Corn with Red Peppers
	CHEF'S TABLE	Chicken Shawarma on Pita with Tahini Sauce
	VEGETARIAN	Sautéed Zucchini Noodles with Fresh Lemon & Thyme  
	SIDES	Lemon Rice Pilaf with Mint  Middle Eastern Roasted Vegetables 
	DESSERT	Assorted Cookies 
TUESDAY	WAKIN' UP	Sausage & Cheddar Stuffed Croissant
	LUNCH	Italian Sausage Sub with Peppers & Onions, Vegetarian Italian Sausage Sub, Waffle Fries  , Roasted Broccoli 
	CHEF'S TABLE	Braised Beef in a Tomato Cream Sauce with Farfalle
	VEGETARIAN	Wild Mushroom Risotto  
	SIDES	Glazed Carrots  Bread Stick 
	DESSERT	Pound Cake with Fresh Strawberries & Whipped Topping 
WEDNESDAY	WAKIN' UP	Baked Blueberry Lemon French Toast 
	LUNCH	Creamy Chicken Florentine, Steamed Brown Rice  , Roasted Asparagus 
	CHEF'S TABLE	General Tso's Glazed Salmon
	VEGETARIAN	General Tso's Tofu & Vegetable Stir Fry  
	SIDES	Kung Pow Brussel Sprouts  Steamed Basmati Rice 
	DESSERT	Coconut Cake 
THURSDAY	WAKIN' UP	Cinnamon Caramel Filled Crepes 
	CHEF'S TABLE	Chicken Parmesan over Linguini
	VEGETARIAN	Eggplant Parmesan 
	SIDES	Steamed Broccoli  Garlic Bread Stick 
	DESSERT	Jell-O and Whipped Cream
	WAKIN' UP	Blueberry Pancakes 
FRIDAY	CHEF'S TABLE	Thai Beef and Peppers
	VEGETARIAN	Tofu & Vegetable Lo-Mein 
	SIDES	Steamed Jasmine Rice  Sesame Green Beans 
	DESSERT	Lemon Cream Cake 
	BRUNCH	Ham & Swiss Stuffed Croissant, Waffle Bar, MTO Eggs, Kielbasa, Turkey Sausage, Shredded Breakfast Potatoes, Continental Breakfast
	CHEF'S TABLE	Wing Bar with Choice of Plain, BBQ, Buffalo, or Old Bay with Celery & Carrot Sticks, Ranch or Blue Cheese Dressing
SATURDAY	VEGETARIAN	Caprese Flat Bread Pizza with Fresh Basil & Balsamic Glaze on the Side 
	SIDES	Waffle Fries  Roasted Cauliflower 
	DESSERT	Italian Ice Cups 
	BRUNCH	Western Frittata, MTO Eggs, Pork Sausage, Vegetarian Sausage, Breakfast Potatoes, Continental Breakfast
	CHEF'S TABLE	Chili Lime Baked Chicken Thighs
	VEGETARIAN	Baked Penne Pasta  
SUNDAY	SIDES	Scallion Rice  Roasted Asparagus 
	DESSERT	Chocolate Mousse with Whipped Topping & Raspberries 