

SANDY SPRING FRIENDS SCHOOL

Let Your Lives Speak

May 27^{th} ~ June 1^{st} , 2019

MEATLESS ONDAY 05.27

Have a Safe & Happy Memorial Day

¥	DINNER ENTREE	Shrimp Lo-Mein		
	DINNER ENTRÉES	Vegetable Fried Rice		V
	SIDES	Vegetable Eggroll	Steamed Broccoli	V
,	WAKIN' UP WITH CULINART	Chorizo Sausage & Cheese Quiche		
	LUNCH ENTRÉE	Turkey Taco's		
	VEGETARIAN ENTRÉE	Veggie & Tofu Fajita		V
)	SIDES	Mexican Rice	Warm Pinto Bean & Corn Salad	V
	DOWNTOWN DELI	Taco Bar Fixings		
	DINNER ENTREE	Chicken Piccata \sim Sautéed Chicken Breast topped with a Lemon Caper Sauce		
	VEGETARIAN ENTRÉE	Ravioli with a Roasted Rosemary, Garlic, & Tomato		V
	SIDES	Farro Pilaf	Steamed Green Beans	V
	WAKIN' UP WITH CULINART	French Toast		V
	LUNCH ENTRÉE	Chicken Tenders		
	VEGETARIAN ENTRÉE	Quinoa Stuffed Tomato		V
	SIDES	Buttered Sweet Peas	Mac & Cheese	V
	DOWNTOWN DELI	Turkey Breast		
<u>.</u>	DINNER ENTREE	Citrus Baked Salmon		
	vegetarian entrée	Vegan Quinoa-Cranberry Stuffed Acorn Squash		V
1	SIDES	Steamed Brown Rice	Chef's Blend Vegetables	V
	WAKIN' UP WITH CULINART	Bacon, Egg, & Cheese on Croissant		
	LUNCH ENTRÉE	Pulled BBQ Beef on a Kaiser Roll		
	VEGETARIAN ENTRÉE	Black Bean Burger with Guacamole		V
	SIDES	Baked Beans	Vegetable Medley	V
	DOWNTOWN DELI	Tuna Salad		
•	DINNER ENTREE	NY Strip Steak with a Shrimp Skewer		
	vegetarian entrée	Southwest Veggie Quesadilla		V
1	SIDES	Mashed Potatoes	Green Beans	V
	WAKIN' UP WITH CULINART	Creamed Chipped Beef Over Biscuit		
	LUNCH ENTRÉE	Chicken & Broccoli Alfredo Over Penne		
	vegetarian entrée	Broccoli Alfredo Over Penne		V
1	SIDES	Sautéed Green Beans	Roasted Veggies	V
	DOWNTOWN DELI	Cajun Chicken Salad		
í	DINNER ENTREE	Asian Chicken & Broccoli Stir-Fry		
	VEGETARIAN ENTRÉE	Vegetable Stir-Fry		V
1	SIDES	Steamed Broccoli	Basmati Rice	V
	BRUNCH	Sausage, Egg, and Cheese Breakfast Pizza, Tater Tots, Waffle Bar, Continental Breakfast		
	DINNER ENTRÉE	Flank Steak with Chimmicuri Sauce		
	DINNER ENTRÉE	Vegetarian Lasagna		V
;	SIDES	Oven Roasted Potatoes	Green Beans	V
	BRUNCH	French Toast, Bacon, Chicken Quesadilla, Steamed Rice, Waffle Bar, Continental Breakfast		
	DINNER ENTREE	Chili Lime Roasted Chicken Thighs		
	VEGETARIAN ENTRÉE	Eggplant Pomodoro		
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	SIDES	Cilantro Rice	Steamed Carrots	V

Director of Dining Services ~ Kris Schweitzer-Pfaff / Executive Chef ~ Diamond Clark / Catering Supervisor ~ Dani McClay *Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

